Motherland. People Experience

November 6th - November 13th , 2026 • Boscia African Farm, Namibia

This retreat welcomes

People seeking to strengthen their inner guidance, and those at a crossroads, ready to reflect on purpose and direction

and includes

Daily yoga & mindfulness sessions

Systemic constellations & systemic coaching

Meditations, rituals & nature-based practices

Activities in nature: game drives, walks, sundowners, dinners in the field (as available)

7 Days Full-Board: regional ingredients, homemade, organic meals (vegetarian on request)

Comfortable double-room accommodation (European standard)

In-depth seminar materials

+ optional add-ons

Airport transfers organized by Boscia African Farm

Single room accommodation

Individual coaching

Earlier arrival or extended stay at Boscia African Farm

with your investment of €2950

Includes retreat program, meals, and double-room accommodation

Flights & airport transport not included. If billed to a legal entity, 19% VAT applies

Motherland®







Anne, Motherland Founder & Retreat Holder

Ready to join?

Get in touch with us to receive more information & book your spot

Register Here